



HELPFUL LINKS

Relocation

<https://www.move.mil>
<http://www.militaryinstallations.dod.mil>

Ombudsman Program

www.ombudsmanregistry.org

Family Emergency Response

<https://navyfamily.navy.mil>

Personal Financial Management - Blended Retirement System (BRS)

<http://militarypay.defense.gov/BlendedRetirement>

Navy App Locker

www.applocker.navy.mil

Local FFSP Contact Information

Follow us on social media.



@navyffsp



@fleet_family



@navyffsp



navyfamilyreadiness



WWW.FFSP.NAVY.MIL

804/78-03

FAMILY READINESS PROGRAMS



FLEET AND FAMILY SUPPORT PROGRAM

The Fleet and Family Support Program (FFSP) promotes self-reliance and resiliency to strengthen the military and its family members, supports mission readiness, and assists commanders in planning for and responding to family readiness needs. The FFSP aims to deliver the best services at the right time and in the right place. The organization's vision relies upon the delivery of products and services to customers as the provider of choice, while building a strong network of services through community outreach and partnerships. FFSP strives to anticipate change and maintain an adaptive organization that meets the ongoing needs of Navy families, to enhance family resilience, and decrease the stigma associated with the use of FFSP programs and services. There are currently 76 service delivery sites worldwide, with 58 sites delivering a full portfolio of programs and services.

Deployment Support

The Deployment Support Program strengthens commands, Sailors and their families by ensuring readiness and preparedness throughout the deployment cycle. It also provides Individual Augmentee deployment support to commands, Sailors and their families. Individual Deployment Support specialists contact designated family members throughout the service member's deployment and reintegration. Family Readiness Groups leadership training is available at Fleet and Family Support Centers (FFSCs).

Ombudsman Program

An ombudsman is an official representative of the commanding officer and plays a vital role in establishing and maintaining current and accurate communication between the command and its family members. The Ombudsman Program provides personalized support, including resource referrals and information to command families, as well as training support and assistance to commands and ombudsmen.

Relocation Assistance

Relocation Assistance services include information, workshops and guidance for CONUS and OCONUS permanent change of station (PCS) moves; also provides access to computer-based technology resources to research new installations or locations.

Life Skills Education

Life Skills are all about self-discovery and exploring new ways to think, interact and solve problems. These workshops focus on communication skills, parenting strategies, conflict management, stress and anger management, and suicide prevention.

Transition Assistance

Transition Assistance provides career and transition support services to all eligible service members and their families, including career readiness workshops, career counseling, the five-day Transition Goals, Plans, Success workshop, two-day Career Tracks and the Capstone event. Transition Assistance offers SkillBridge training opportunities through career skills programs that promote civilian job and employment training, apprenticeships and internships.



Family Employment Readiness

Family Employment Readiness offers workshops on career exploration, collateral/outreach, dress for success, federal employment, job search strategies, job fair success, resume writing and volunteer opportunities.

Personal Financial Management

The Personal Financial Management Program provides individual personal financial counseling and financial education seminars to stimulate a change in behavior to promote responsibility and accountability, leading to financial independence, sound money management, debt avoidance and long-term financial stability.

Family Emergency Response

Family Emergency Response provides and coordinates disaster assistance in support of Navy personnel and families during emergent situations. Emergency case managers assist, coordinate and advocate for services on behalf of those affected by a natural or man-made disaster. The Navy Family Accountability and Assessment System (NFAAS) is a web-based tool used to account, assess, manage and monitor the recovery process of personnel and their families affected by a disaster.

Volunteer Assistance

Volunteer Assistance offers active-duty service members, family members and retirees an opportunity to learn and develop job skills in a professional and supportive environment while giving back to their military community.

Clinical Counseling

Clinical Counseling is non-medical, short-term counseling available at no cost to active-duty Sailors and their dependents that encompasses a wide scope of educational, preventive and therapeutic services that promote improved quality of life and increased resilience.

Family Advocacy Program

The Family Advocacy Program addresses the prevention, identification, reporting, evaluation, intervention, and follow-up of allegations of child abuse/neglect and domestic abuse. FAP victim advocates provide advocacy and support services to victims experiencing domestic abuse and to non-offending parents/caregivers in child abuse cases.



New Parent Support Program

The New Parent Support Program provides military families who are expecting or who have young children (under the age of 4) with comprehensive parenting and early child development education to help foster healthy parenting practices and enhance their ability to thrive as healthy families.

Exceptional Family Member Program

EFMP provides customized support, including information and referral, systems navigation, family needs assessment, development and maintenance of service plans, and non-medical case management, to meet the needs of EFM families.

Sexual Assault Prevention and Response

SAPR supports commanding officers in creating a command climate of prevention that promotes installation-wide sexual assault awareness efforts and management of sexual assault cases, including victim advocacy and support services.

Sailor Assistance & Intercept for Life

SAIL provides rapid assistance and ongoing risk assessment and support for Sailors who have exhibited suicide-related behavior.

Navy Gold Star Program

Navy Gold Star provides long-term non-medical case management, information and referral, education, recognition, and support services to surviving families of service members who pass while on active duty.

